

Second Grade Report Card – Parent Support Health and Physical Education

Indicators	Standard(s)	T1	T2	T3
Demonstrate appropriate movement skills during practice, activities, and games (running, shuffling, changing of direction)	2.5.A Motor Skill Development: All students will utilize safe, efficient, and effective movement to develop and maintain a healthy, active lifestyle	<ul style="list-style-type: none"> Perform proper stretches and exercises. 	<ul style="list-style-type: none"> Skipping, galloping, running, hopping and jumping 	<ul style="list-style-type: none"> Throwing and catching skills
Demonstrates basic safety and sportsmanship qualities during individual and group activities	2.5.C Motor Skill Development: All students will utilize safe, efficient, and effective movement to develop and maintain a healthy, active lifestyle	<ul style="list-style-type: none"> Practice respectful behaviors during activities 	<ul style="list-style-type: none"> Explain good sportsmanship 	<ul style="list-style-type: none"> Demonstration fair behaviors and safety rules
Demonstrates an understanding of how to perform and achieve fitness goals	2.6.A Fitness: All students will apply health-related and skill-related fitness concepts and skills to develop and maintain a healthy, active lifestyle.	<ul style="list-style-type: none"> Importance of stretching and flexibility 	<ul style="list-style-type: none"> Set goals on how to improve fitness 	<ul style="list-style-type: none"> Understand strength, endurance
Identifies body parts and explains how they work together	2.1.A Wellness: All students will acquire health promotion concepts and skills to support a healthy, active lifestyle.	n/a	<ul style="list-style-type: none"> Knowledge of all body parts Understand how body parts work together 	n/a
Demonstrates a basic understanding of the five major food groups	2.1.B Wellness: All students will acquire health promotion concepts and skills to support a healthy, active lifestyle.	n/a	<ul style="list-style-type: none"> Understand the 5 food group colors Ability to decide between healthy and unhealthy food options 	n/a