

## FAMILY LIFE EDUCATION K-5

### Materials and Visual Aids

#### I. Films and Videos

##### A. Drugs and Alcohol

1	Drugs, Poisons, and Little Children (Educational Activities, Inc.	1-3
2	Drugs and Poisons - Avoiding the Dangers - Educational Act, Inc.	K-2
3	Huffless, Puffless Dragon (American Cancer Society	2-4
4	Health Questions and Answers (Film Form)	4, 5
5	Lots of Kids Like Us	4, 5
6	Values and Choices (Churchill)	5
7	Alcohol and You	3-5
8	Smoking and You	3-5
9	Kids Guide to Drug, Alcohol and Smoking Awareness - Learning Tree Publication - Videos	3-5
10	Octopuff - American Lung Association	3-5
11	Inhalant Use - Please Don't Breath My Fumes (ETR Associates)	4,5

##### L Human Development

1	Always Changing: About You-Puberty and Stuff (Proctor & Gamble)	Girls	5
2	Growing Up and Liking It (Personal Products) - Part III Puberty - Female	Girls & Boys	5
3	Growing Into Manhood (Guidance Associates)	Boys	5
4	Growing Into Womanhood (Guidance Associates)	Girls	5
5	Growing Up and Liking It (Personal Products) - Part IV Puberty Males	Girls & Boys	5
6	What's Happening to Me (LCA)	Girls & Boys	5
7	Positive Self Image (Learning Tree)		5
8	Learning To Be A Good Sport - Walt Disney		1-5
9	Aids: A Different Kind of Germ		5
10	Blood, Blood Vessels and the Heart (SVEN)		5
11	Respecting Each Other: Sexual Harassment Prevention		5
12	"Me and My Family" video (Marsh Media)		K
13	Straight Talk (Playtex)	Girls	5
14	Courtesy Counts ( Marsh Media)		K
15	It's a Change Thing (Kotex)	Girls	4,5
16	About You: Puberty and Stuff	Girls & Boys	5
17	Just Around the Corner (Marsh Media)	Girls	4

**C. Health and Nutrition**

1	Breakfast Gives You Bounce (Walt Disney)	K,1
2	Hand Washing (Proctor and Gamble)	K-2
3	Wash Those Hands (Marsh Media)	K
4	If You're Gonna Be a Grub, Then You Gotta Learn to Scrub	3
5	Head Lice: An Itchy Problem (Marsh Media)	K
6	Clean is Kean (Clearvue, Inc)	1-3
7	Avoiding Infection (Enc. Britannica)	1,2
8	Keep Healthy (Audio Education)	1,2
9	Wash Those Hands (Marsh Media)	1-3
10	Clean Club (SVE)	1,2
11	Clean Kids (Marsh Media)	K
12	The Sneeze: How Germs Are Spread	1-3
13	Systems of the Human Body (Educational Activities)	3-5
14	Healthy Habits - Slim Goodbody (Soc. For Vis. Educ. Inc)	4
15	Your Body and How to Take Care of It (Eye Gate)	4
16	Good Health Habits (Coronet Instructional Media)	4,5
17	Be Smart/Don't Start (Cam. Co. AVA)	4,5
18	Skin and Hair Care (SVE)	5
19	Barney Barks About Lice	2
20	Slim Goodbody Series; Body Systems	4,5
21	Slim Goodbody - Keep Clean	1,2
22	Bike Safety with Bill Nye the Science Guy	3-5
23	I'm No Fool with a Bike (Walt Disney)	K-2
24	Alone at Home (Red Cross)	4-5
25	You and Your Eyes	4
26	Heart and Circulation	5
27	Inside Ralphie - Magic School Bus	1-3
28	See About Nutrition & Exercise (Sunburst)	5
29	Health Helpers (Sunburst)	5
30	Germ Fighting With Harv & Marv (Coronet)	1,2
31	Food Pyramid With Harv & Marv (Coronet)	2, 3
32	Eat A Good and Healthy Breakfast Every Day (Dairy Council)	K-3
33	Goofy Over Health (Dairy Council)	1,2
34	I'm Not a Tattletale	1,2
35	Home On Your Own (National Geographic)	4,5

36	Fast Food - What's in It For You? (Cam. Co. AVA)	4,5
37	Geena's Great Tooth Adventure	1,2
38	Dr. Rabbit's World Tour - Tooth Adventure	1,2
39	Secrets of the Food Pyramid (Marsh Media)	1,2
40	Super Size Me (DVD)	4,5
41	New Dietary Guidelines - HRM Media (2005)	1-5
42	Portion Distortion - HRM Media (2005)	3-5
43	The Incredible Ride - Oral Health (Colgate)	K-1
44	The Adventures of Wiggly Tooth (Colgate)	K-3
45	The Legend of Tooth Kingdom (Colgate)	K
46	Brainpop Jr.	K-3
47	Brainpop	4,5
48	The Edible Pyramid-Good Eating Every Day (Loreen Leedy)	K-3
49	The Two Bite Club (USDA)	K-1
50	Germly Worm Germ Smart for Kids (Germly Wormy, LLC)	K-1
51	Funtime Activity Dental Booklet (Crest)	K-1
52	Toothbrush & Toothpaste (Crest)	K-1
53	Sly's Unwise Surprise (Timothy Stinson)	K-1
54	This is the Life (Alyssa Rebein) (Marsh Media)	
55	Go Slow Whoa - Nutrition (Marsh Media)	

**D. Personal Safety**

1	On the Playground Safety (Curriculum Films)	1-3
2	First Aid for Little Children (Johnson and Johnson)	1-3
3	Pedestrian Safety (Film Loopes, Inc.)	1-3
4	Careful with Strangers (Walt Disney Educational Media Co.)	1-3
5	Pooh and the Right Thing to Do (Walt Disney)	1-3
6	Whales Tales (Red Cross) (Water Safety)	1-3
7	Safety Series (Enc. Britannica)	1-3
8	School Bus Safety (SVE)	1-3
9	Safety Belts: For Dummies or People (General Motors)	1-3
10	Safety: If You Feel Danger (Marsh Media)	K
11	Latchkey Children (SVE)	1-5
12	Health and Safety (Scholastic)	2
13	I'm No Fool as a Pedestrian (Motion Picture Series)	2-4
14	ABC's of Fire Safety (National Fire Association)	1-3
15	Alone At Home (American Red Cross)	1-5

16	Rabies Video	K-5
17	Eddie the Eagle on Gun Safety	1-3
18	McGruff and Gun Safety	K-5
19	Bloodborne Pathogens & Other Traveling Germs	K-3
20	Safe at Home: Indoor Safety (Smart Kids Publishing)	K-1
21	Disney's Wild About Safety. Timon and Pumbaa Safety Smart, Healthy and Fit DVD (Disney Educational Productions)	K-3

**E. Consumer Education**

1	Let the Buyer Beware (Educational Direction Inc.)	5
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**F. Fitness**

1	Just Jump (American Heart Association)	3-5
2	The World of Rope Jumping	3-5
3	Walk Across America	4, 5

**H. Books and Pamphlets**

1	Health Unit (Silver Burdett & Ginn Science)	4,5
2	Health Decisions for Growth (Harcourt, Brace, Jovanovich)	4,5
3	Choosing Good Health (Scott Foresman)	1-5
4	Health - A Way of Life (Scott Foresman)	5
5	Here's Looking At You Too Curriculum	K-5
6	Menstruation Facts (ETR Associates)	4
7	Poison Prevention - NJ State Department of Health	
8	Growing Up and Liking It (Personal Products)	4,5
9	It's A Girl Thing (Kotex)	4,5
10	It's A Boy Thing (Kotex)	4,5
11	Always Changing: Guidebook for Girls (Proctor & Gamble)	4,5
12	Kids and Alcohol	4,5
13	Not My Kid	5
14	Taking Food Allergies to School	K
15	Smoking Stinks	K
16	It's Time to Learn About Diabetes	K-3
17	Gorgonzola: A Very Stinkysaurus (Scholastic)	K-3
18	Gregory, the Terrible Eater by Mitchell Sharmat	K-3

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|----|---|-----|
| 19 | The School Nurse from the Black Lagoon by Mike Thaler   | K-3 |
| 20 | This is My Body (Little Golden Book) by Mercer Mayer  | K-3 |
| 21 | Oh the Things You Can Do That Are Good for You: All About Staying Healthy (Cat in the Hat's Learning Library, Random House, Inc.) | K-3 |
| 22 | Germs are not for Sharing (Elizabeth Verdick) (Free Spirit Publishing)  |     |
| 23 | The BugaBees (Amy Recob) (Beaver' Pond Press)   | K-2 |
| 24 | Bugs in My Hair! (David Shannon) (Blue Sky Press)   | K-3 |
| 25 | Why Should I Eat Well? (Caire Llewellyn) (Barron's Educ. Series)  | K-3 |
| 26 | Allie the Allergic Elephant (Nicole Smith) (Allergic Child Publishing Group)  | K-1 |

**III. Kits**

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|---|--|-----|
| 1 | Heart Power (American Heart Association)                         | 1,2 |
| 2 | Always Changing (Proctor & Gamble)                               | 5   |
| 3 | Always Changing & Growing Up - Educator's Kit (Proctor & Gamble) | 4,5 |

**IV. Magazines and Newspapers**

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|---|-----------------------|-----|
| 1 | Current Health        | 1-5 |
| 2 | Time, Newsweek, etc.  | 4,5 |
| 3 | Philadelphia Inquirer | 4,5 |
| 4 | Courier Post          | 4,5 |

**V. Websites**

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| 1  | <a href="http://www.stopgerms.org">www.stopgerms.org</a>                           | K-3 |
| 2  | <a href="http://www.mypyramid.gov/preschoolers">www.mypyramid.gov/preschoolers</a> | K   |
| 3  | <a href="http://www.teamnutrition.usda.gov">www.teamnutrition.usda.gov</a>         | K-5 |
| 4  | <a href="http://www.choosemyplate.gov">www.choosemyplate.gov</a>                   | K-5 |
| 5  | <a href="http://www.pecentral.com">www.pecentral.com</a>                           | 1-5 |
| 6  | <a href="http://www.peuniverse.com">www.peuniverse.com</a>                         | 1-5 |
| 7  | <a href="http://www.cdc.gov">www.cdc.gov</a>                                       |     |
| 8  | <a href="http://www.chop.edu">www.chop.edu</a>                                     |     |
| 9  | <a href="http://www.cooperhealth.org">www.cooperhealth.org</a>                     |     |
| 10 | <a href="http://www.sharemylesson.com">www.sharemylesson.com</a>                   |     |

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